

GREAT RECIPES
AS SEEN ON

BRITISH
MUSLIM 

CINNAMON BANANA ICE CREAM



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Serves 4

Preparation time:

5 minutes

Cooking time:

No cooking required

Ingredients:

3 peeled medium ripe bananas, sliced
and frozen until solid

½ tsp ground cinnamon

Method

1. Blend bananas in food processor until they are the consistency of soft serve ice-cream.
2. Blend in the cinnamon.
3. Transfer to a freezer container and freeze until solid.